

MK JOBS



FREE JOBS NEWSPAPER EVERY MONTH

JANUARY 2020

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Mk
College

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New Job...**



**BROUGHTON HOTEL
&
FURZTON LAKE**

**Join our team...
Great new jobs at
two great sites**

RECRUITMENT DAYS

We have four recruitment days in January, which take place on **Tuesday 14th, Thursday 16th, Tuesday 21st & Thursday 23rd**. All four days are from 10am until 8pm at **The Hungry Horse, Broughton Hotel, Milton Road, Broughton, MK10 9AA**.

No need to make an appointment, just rock up...

If you can't join us on any of our recruitment days, don't worry, just email your CV to the email address below:

email: 6418@greeneking.co.uk



TO EXHIBIT AT THE NEXT MK JOB SHOW • TELEPHONE 01908 871 450

Step into the new decade with a new job

The festive season may be over, and January brings energy and motivation, leaving many of us eager to rejuvenate our career. Whether you're looking for a step up in your existing workplace or a new job entirely, MK Job Show Executive, Deanne Stevens, shares her tips below to help you kickstart your 2020 career.

Invest in yourself

The world is constantly changing and so is the job market: take on new projects, learn new skills or gain a new qualification. Build your employability to help you get a promotion and improve your success of securing a new job.

Rejuvenate your CV

Candidates CV's are overwhelming similar, which makes it hard to stand out on a piece of paper. Play to the employer by reflecting their company values and culture with yours. Your qualifications and skills are vital, however, don't forget they want to hire a colleague, not a robot. Include a small section on your hobbies and interests.

Improve your work life balance

Nobody performs their best when they are burnt out. Excessive overtime isn't good for your career or your mental health, so ensure you take time to switch off and recharge. Don't be afraid to ask for support.

Be proactive in your job search

Use your time effectively and boost your chances of a call back by meeting employers face to face at the **MK Job Show** on the **27th & 28th March** at **centre:mk, Milton Keynes**. Featuring thousands of vacancies ranging from engineering to finance and healthcare to customer service.

Don't let your New Year goal become someone else's reality – make 2020 your year with your dream career.



MK JOB SHOW
centre:mk
 MILTON KEYNES
 FRI 27 & SAT 28 MARCH 2020

Stands Available
01908 871 450

LIFE IS TOO SHORT FOR THE WRONG JOB • MEET 70 TOP EMPLOYERS AND APPLY DIRECTLY
Put these dates in your diary NOW: Friday 27th & Saturday 28th March 2020

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Our unique AI-powered data insight platform transforms business success for some of the biggest organisations in the UK and globally. In a nutshell, we're a down-to-earth bunch of passionate experts on a mission to make data useable, easier, smarter.

Now, we're opening our Aiimi HQ in the heart of Milton Keynes.

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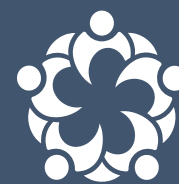
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milton keynes council

www.milton-keynes.gov.uk/fostering

For more information about **fostering**, please call **01908 253206**.

Making **my** career work for **me** and **my** family... you **too** can have a career and be a **mum**



After having a baby, I felt like I'd lost a little part of my identity. I'd spent so long with work being a distant memory, I didn't even know where to start. After 11 months of raising a child, would I still feel passionate about my job?

Before I left for maternity, I was focused and career driven. As a breastfeeding mother, the first few weeks back at work were hard. I looked around and I didn't recognise anyone and lots had changed. Working as an Operations Officer for a large European Airline, which is a fast paced industry, I found myself trying to find my place again.

Anxiety and worry coursed through my veins at the thought of leaving my baby for 14 hours. I'd never left her that long before and she still woke in the night. Getting up at 4:30am was a breeze, but getting home past her bedtime at 7:15pm was tough. Slowly, we started to change her bedtime so I could still see her in the evening, even if it was for only half an hour. Things started to get easier. I went back to work part-time and felt I could manage seven 12-hour shifts a month.

Maternal paranoia, career slipping away

Although I was settling back into work life, I felt paranoid that I couldn't achieve what others could who were full time. The thought of my career slipping away just because I was a mother consumed me. I worked just as hard, I took on extra projects and was focused and driven. Until one day, I'd had enough. I expressed my desire to be a part-time flight planner to my Manager. Why had I never opened my mouth before? It's a pretty simple move, why did I think this seemed so hard to achieve?

Much to my surprise, a part-time role as a flight planner became available. I brushed up my CV and studied hard. I wanted to impress and show off my skills and knowledge. I took notes to ensure I knew all the answers to their questions as I didn't want to just do well, I wanted

to blow their socks off! A few days later I was given the amazing news that I had got the job. At the time I was the only part-time female flight planner, now a year later there's a lot more of us and I'm so proud of that.

Being a mother has made me stronger and more independent

Becoming a mother hasn't only made me a stronger and more independent woman, but it's made me excel in something I'm passionate about, and that's writing. A year ago, I started a blog called The Outdoors Mum, where I encourage parents to venture outside. Whether it be an outlet to unwind, or simply for learning and playing.

I know how tough raising a child can be and I know that it can be hard sometimes to step outside your front door. Running my blog gives me a great sense of achievement as I know I help parents have amazing days out with their children, as well as connect them with other parents to build a community.

Restoring my determination and passion

Going back to work has given me back my sense of determination, and being part-time has given me back my passion. My advice would be to open up to your managers and keep working hard at what you do, even if you feel it may not take you to where you want to be, because one day it absolutely will!



Jenny Wykes is a blogger in Milton Keynes sharing toddler adventures, no matter how cold or muddy. Visit www.theoutdoorsmum.home.blog for more.

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Headquartered in Tokyo, Ricoh Group operates in approximately 200 countries and regions. In the financial year ended March 2018, Ricoh Group had worldwide sales of 2,063 billion yen (approx. 19.4 billion USD).

For further information, please visit www.ricoh.co.uk or email recruitment@ricoh.co.uk



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Our modular steelwork system is used in many types of Construction Projects including Industrial Projects such as Chemical, Energy, Pharma and Data Centers as well as high profile Building Services projects like the high towers on the London Skyline!

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 **siFramo**

RECRUITMENT DAYS Tuesday 14th January • Thursday 16th January

DO YOU WANT TO BECOME PART OF OUR GREENE KING FAMILY AND JOIN THE BIGGEST PUB RESTAURANT BRAND IN THE COUNTRY?



The **Greene King** family is made up of many pubs, restaurants and hotels that guests love and keep coming back to, and that you could be a part of. Just like the members of any family, each of our brands has its own personality and story to tell. Find out more about them and see which one you think suits you best.

The Broughton Hotel, located in Broughton, Milton Keynes, has recently undergone a huge revamp which means we can accommodate more guests. With more guests, comes more staff. Broughton Hotel is on the lookout for passionate and enthusiastic members to join its team! Come along to our Recruitment Days, whether it's full-time or part-time, daytime or night-time, we cater for all, not just our guests!

Furzton Lake is located in the heart of Furzton,

which is set in an attractive water feature garden. Come and work with the friendliest team of people you will find. Always ready to help each other and our guests in the beautiful surroundings of Furzton Lake Park. Everyday is different at Furzton Lake, definitely never boring, so much so, the time flies. You will be the sort of person who loves to be busy and can take on challenges, whilst keeping a sense of humour and your own personality. We have positions for everybody, whether you're an early bird or night owl, as we serve our guests from 6:30am, all day, up until midnight.

We love everything about working in hospitality, from welcoming guests and serving drinks, to creating perfect dishes and celebrating occasions. If you do too, come along to one of our Recruitment Days!

For more information, please contact

The Manager, Hungry Horse, Broughton Hotel, Milton Road, Broughton, Milton Keynes, MK10 9AA

Tel: 01908 667726

w: hungryhorse.co.uk/pubs/buckinghamshire/broughton-hotel

Kitchen Managers

Assistant Managers

Chefs

Team Leaders

Bar Staff

Floor Staff

About Greene King

- Greene King was founded in 1799 and is headquartered in Bury St Edmunds, Suffolk. It currently employs 43,000 people across its main trading businesses; Pub Company, Pub Partners and Brewing & Brands.
- It operates 3,000 pubs, restaurants and hotels across England, Wales and Scotland, of which c. 1,800 are retail pubs, restaurants and hotels, and 1,200 are tenanted, leased and franchised pubs. Its leading retail brands include Hungry Horse, Farmhouse Inns, Chef & Brewer, Flaming Grill and the Greene King Local Pubs estate.
- Greene King also brews quality ale brands from its Bury St. Edmunds and Dunbar breweries, and is the UK's leading cask ale brewer and premium ale brewer with brands such as Greene King IPA, Old Speckled Hen, Abbot Ale and Belhaven Best.



Tuesday 21st January • Thursday 23rd January **RECRUITMENT DAYS**



GREAT NEW JOBS OPPORTUNITIES
at the Hungry Horse
BROUGHTON HOTEL & FURZTON LAKE

RECRUITMENT DAYS Tuesday 14th January • Thursday 16th January
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**Kitchen
Managers**

**Assistant
Managers**

Chefs

**Team
Leaders**

**Bar
Staff**

**Floor
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We're expanding and developing rapidly. The hospital has an Academic Centre, a new cardiac and frail elderly ward and we are building a designated cancer centre.

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We are recruiting for the very best Staff Nurses, Theatre Staff, Healthcare Scientists and Healthcare Assistants; we also need corporate roles to support these activities.

“It's a great place to work. Every day you feel that you're making a difference.”



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Milton Keynes

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<https://careers.bannatyne.co.uk/vacancies/vacancy-search-results.aspx>



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kids play
Childcare



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Food & Beverage Supervisor
Food & Beverage Assistant
Housekeeping Assistant

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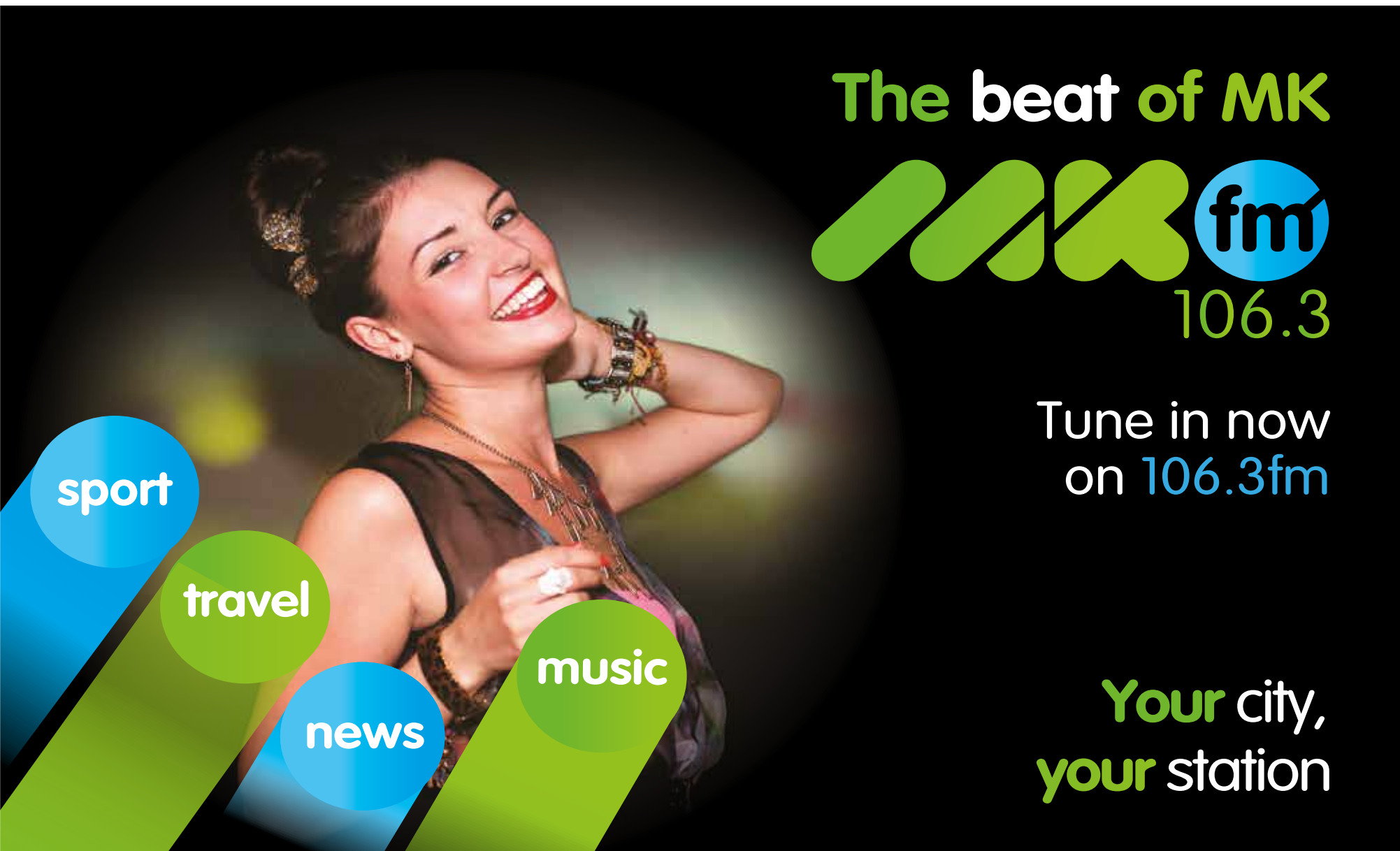
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I found my job at the **MK Job Show**



CHARLIE STEWART Office Administrator, Lucid Support Services



Did you experience any challenges with your job search, prior to attending the MK Job Show?

I found myself unsuccessful looking for Business Administration Apprenticeships as I had the qualification but no experience.

Why did you decide to attend the MK Job Show?

I thought the MK Job Show would be a good opportunity to talk to potential employers and find out exactly what they're looking for. As well as, find a business I would want to work for and ask the employers any questions I had.

What position were you hired for at the event?

Lucid Support Services staff were very supportive and despite my inexperience, offered me the role as Office Administrator.

What would you say to a Job Seeker considering attending the MK Job Show?

Have an open mind about the businesses that you might not have heard of before and ask as many questions as you can! ■



ETHAN MILLS Commercial Accountant, BI Worldwide



Did you experience any challenges with your job search, prior to attending the MK Job Show?

I found it difficult to find local employers who were willing to put the time in to hire a recent university graduate. Many employers required experience beyond that of an average graduate, even for entry level positions.

Why did you decide to attend the MK Job Show?

Not all companies appear on job search sites, such as, Indeed or Reed, so I wanted to go out and meet representatives from local employers. I find it easier to give a good impression face-to-face rather than on a standard online application.

What position were you hired for at the event?

BI Worldwide offered me the role of Commercial Accountant.

What would you say to a Job Seeker considering attending the MK Job Show?

I would say definitely go and make the most of these local events. Come prepared with CVs to give out, as that is how I landed this job! Making a good first impression is much easier in person, and it's easier to feel whether you and the employer are right for each other, instead of finding that it is not a good fit later down the line. ■



GERGELY KISS CAD Draughtsman, Sikla



Did you experience any challenges with your job search, prior to attending the MK Job Show?

Unlike face to face conversations at the MK Job Show, job searching online was difficult as I didn't even get the chance to be interviewed.

Why did you decide to attend the MK Job Show?

At the time of the event I was working as a Systems Team Leader for a different company. With Civil Engineering being my profession, I wanted to find a role and a company where I could hone my skills and use my engineering knowledge.

What position were you hired for at the event?

I met Sikla at the MK Job Show and they offered me the role of CAD Draughtsman. Now my work-life balance is much better and I work with a highly skilled team that has expanded my knowledge.

What would you say to a Job Seeker considering attending the MK Job Show?

Be prepared – bring up to date printed copies of your CV to give directly to the HR team on each company's stand. Take your time to look around, and most importantly, have an idea of what you are looking for to make it easier to target companies that suit your skills and interests. ■



LAURENCE MO Administrative Coordinator, Sikla



Did you experience any challenges with your job search, prior to attending the MK Job Show?

It was difficult to find jobs local to Milton Keynes that were ideal.

Why did you decide to attend the MK Job Show?

To meet local employers and to look for local vacancies.

What position were you hired for at the event?

I met Sikla at the MK Job Show and they hired me as a Receptionist/Office Administrator, with the outlook of becoming a Sales Engineer.

What would you say to a Job Seeker considering attending the MK Job Show?

Always be open-minded! I now work in a supportive environment, with a friendly team and have good career prospects. ■



The logo features the letters 'MK' in a stylized font. The 'M' is blue and the 'K' is purple. To the right of the 'K' is a purple arrow pointing left, containing the words 'JOB SHOW' in white, bold, sans-serif capital letters.

MK JOB
SHOW

centre:mk

MILTON KEYNES

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Great Customer Service

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